

Middle Path 26km

Overall Male Runner

Place	Bib #	Name	Time	Type	City
1	363	BRAYDEN MCGREGOR	02:02:40.98	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:00:06.410	13.0kph	04:37
		Split 2	01:02:34.573	12.5kph	04:48
2	368	BLAIR MCBRIDE	02:07:55.48	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:04:51.489	12.0kph	04:59
		Split 2	01:03:03.993	12.4kph	04:51
3	319	GLENN CAMERON	02:29:33.44	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:14:50.211	10.4kph	05:45
		Split 2	01:14:43.233	10.4kph	05:44

Female 40 - 49

Place	Bib #	Name	Time	Type	City
1	326	STEPH LOGAN	02:41:43.23	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:23:24.393	9.4kph	06:24
		Split 2	01:18:18.841	10.0kph	06:01
2	376	KIRSTEN SERVICE	02:46:45.60	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:23:23.638	9.4kph	06:24
		Split 2	01:23:21.967	9.4kph	06:24
3	331	TANYA KENT	03:40:31.61	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:48:26.514	7.2kph	08:20
		Split 2	01:52:05.104	7.0kph	08:37

Overall Female Runner

Place	Bib #	Name	Time	Type	City
1	341	EMILIE TREMBLAY	02:11:37.68	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:26:14.710	9.0kph	06:38
		Split 2	00:45:22.975	17.2kph	03:29
2	323	CHRISTINE DAVIES	02:39:50.99	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:23:22.089	9.4kph	06:24
		Split 2	01:16:28.909	10.2kph	05:52
3	326	STEPH LOGAN	02:41:43.23	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:23:24.393	9.4kph	06:24
		Split 2	01:18:18.841	10.0kph	06:01

Male 40 - 49

Place	Bib #	Name	Time	Type	City
1	368	BLAIR MCBRIDE	02:07:55.48	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:04:51.489	12.0kph	04:59
		Split 2	01:03:03.993	12.4kph	04:51
2	375	DOMINIC D'ANDREA	02:47:12.97	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:20:24.850	9.7kph	06:11
		Split 2	01:26:48.127	9.0kph	06:40
3	320	DANIEL LIGHTFOOT	02:53:37.67	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:22:21.001	9.5kph	06:20
		Split 2	01:31:16.672	8.5kph	07:01

Female 29 - 39

Place	Bib #	Name	Time	Type	City
1	323	CHRISTINE DAVIES	02:39:50.99	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:23:22.089	9.4kph	06:24
		Split 2	01:16:28.909	10.2kph	05:52
2	338	EMMA PATRIQUIN	02:42:11.69	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:20:14.593	9.7kph	06:10
		Split 2	01:21:57.102	9.5kph	06:18
3	356	ANNE CORKERY	02:49:15.47	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:19:13.295	9.8kph	06:05
		Split 2	01:30:02.175	8.7kph	06:55

Female 50 - 59

Place	Bib #	Name	Time	Type	City
1	365	KARYN DOWDALL	03:16:39.73	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	03:16:39.100	4.0kph	15:07
		Split 2	00:00:00.630	74284.5kph	00:00
2	374	JENNIFER SCUDDS-CARLETON	03:33:04.09	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:39:23.096	7.8kph	07:38
		Split 2	01:53:40.996	6.9kph	08:44

Male 29 - 39

Place	Bib #	Name	Time	Type	City
1	363	BRAYDEN MCGREGOR	02:02:40.98	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:00:06.410	13.0kph	04:37
		Split 2	01:02:34.573	12.5kph	04:48
2	362	GREGORY WHITTINGTON	02:39:54.99	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:19:05.768	9.9kph	06:05
		Split 2	01:20:49.222	9.7kph	06:13
3	322	GLEN WHITTINGTON	02:39:55.43	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:19:02.148	9.9kph	06:04
		Split 2	01:20:53.288	9.6kph	06:13

Male 50 - 59

Place	Bib #	Name	Time	Type	City
1	319	GLENN CAMERON	02:29:33.44	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:14:50.211	10.4kph	05:45
		Split 2	01:14:43.233	10.4kph	05:44
2	370	TIM HAINES	02:36:53.71	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:15:51.500	10.3kph	05:50
		Split 2	01:21:02.213	9.6kph	06:14
3	346	RODNEY BRUCE	02:41:37.17	Runner	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>
		Split 1	01:23:03.350	9.4kph	06:23
		Split 2	01:18:33.821	9.9kph	06:02

Middle Path 26km

Female 60 - 69

Place	Bib #	Name	Time	Type	City	
1	324	ELIZABETH KITCHEN	03:54:11.88	Runner		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:58:42.161	6.6kph	09:07	01:58:42.161
		Split 2	01:55:29.724	6.8kph	08:53	03:54:11.885
2	357	HEATHER KERRIGAN	03:59:00.28	Runner		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:57:14.870	6.7kph	09:01	01:57:14.870
		Split 2	02:01:45.418	6.4kph	09:21	03:59:00.288

Male 60 - 69

Place	Bib #	Name	Time	Type	City	
1	334	JOHN MCCORMICK	02:51:05.43	Runner		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:28:44.732	8.8kph	06:49	01:28:44.732
		Split 2	01:22:20.698	9.5kph	06:20	02:51:05.430

Male 70 - 79

Place	Bib #	Name	Time	Type	City	
1	351	RAYMOND LOBO	04:09:21.69	Runner		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:56:41.404	6.7kph	08:58	01:56:41.404
		Split 2	02:12:40.286	5.9kph	10:12	04:09:21.690

Female 0 - 29

Place	Bib #	Name	Time	Type	City	
1	341	EMILIE TREMBLAY	02:11:37.68	Runner		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:26:14.710	9.0kph	06:38	01:26:14.710
		Split 2	00:45:22.975	17.2kph	03:29	02:11:37.685
2	338	EMMA PATRIQUIN	02:42:11.69	Runner		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:20:14.593	9.7kph	06:10	01:20:14.593
		Split 2	01:21:57.102	9.5kph	06:18	02:42:11.695
3	372	BRIANNA ELIOT	03:05:15.81	Runner		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:27:53.119	8.9kph	06:45	01:27:53.119
		Split 2	01:37:22.695	8.0kph	07:29	03:05:15.814

Male 0 - 29

Place	Bib #	Name	Time	Type	City	
1	355	JUSTIN ROSS	02:31:56.35	Runner		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:11:56.981	10.8kph	05:32	01:11:56.981
		Split 2	01:19:59.378	9.8kph	06:09	02:31:56.359
2	353	ARJUN CHOUHAN	02:39:27.68	Runner		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:21:52.557	9.5kph	06:17	01:21:52.557
		Split 2	01:17:35.128	10.1kph	05:58	02:39:27.685
3	362	GREGORY WHITTINGTON	02:39:54.99	Runner		
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	01:19:05.768	9.9kph	06:05	01:19:05.768
		Split 2	01:20:49.222	9.7kph	06:13	02:39:54.990